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* + , -	Topic Area 1: Key components of performance	Topic Area 2: Applying practice methods to support improvement in a sporting activity	Topic Area 3: Organising and planning a sports activity session	Topic Area 4: Leading a sports activity session	Topic Area : Reviewing your own performance in planning and leading of a sports activity session	Topic Area 1: The different sources of media that cover sport
	O\$! set assignment	O\$! set assignment	O\$! set assignment	O\$! set assignment	O\$! set assignment	O\$! set assignment
. &+ & /	%andatory unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)	%andatory unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)	%andatory unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)	%andatory unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)	%andatory unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)	Opt onal unit as part of the O\$! \$&AT 'port 'tudies 2(22 a" ard)
. &+ O/	*nderpins the +ey concepts)	*nderpins the +ey concepts)	*nderpins the +ey concepts)	*nderpins the +ey concepts)	*nderpins the +ey concepts)	Allo" s for the teaching of +ey concepts " hich " ill , e used for comple on of course" or+ and the follo" ing e-am at end of year 11)
1 2 &	<p>Skills . uilder +ey focus:</p> <p>'pea+ing and listening) \$ommunica on</p> <p>/ro, lem ' olving (dent fying " ea+ness in opposi on) devising tact cs and strategies) \$reat vity)</p> <p>concepts) posit f ny)</p>					

	<p>and decision-making shows accuracy and fluency on most occasions)</p> <ul style="list-style-type: none"> Ability to maintain performance is consistent and confident) 	<p>aspects)</p> <p>Comprehensively describes the strengths and weaknesses with in-depth analysis and justification)</p> <ul style="list-style-type: none"> The application of practice methods is considered and comprehensively addresses the weaknesses where improvement is needed 	<ul style="list-style-type: none"> Creates a fully appropriate and comprehensive plan which considers most of the requirements for an effective and safe sports activity session) Completes an appropriate and comprehensive risk assessment which considers most of the requirements for a safe sports activity session 	<p>assistance)</p> <p>3emonstrates a range of relevant leadership skills and knowledge during a sports activity session) ;ollo"s safe practice and ensures equipment is used safely when assisted)</p> <p>Communication skills are adequate and use of motivational techniques is adequate)</p> <p>45 6</p> <ul style="list-style-type: none"> ollo"s a plan and can adapt it confidently and independently as required) Independently follows safe practice and ensures equipment is used safely) Communication skills are effective and use of motivational techniques is clear and confident 	<p>altering the plan)</p> <p>45 6</p> <ul style="list-style-type: none"> Comprehensively describes most areas that went well and did not go well in the planned sports activity session) ;omprehensively describes all areas that needed to be adapted in the planned sports activity session) ;o"s detailed analysis when altering the plan with justified suggestions) 	<p>sources and provides a range of examples of how they might be used to provide information to their club, spectators) ;ives sound recommendations of the media sources that would most benefit their club,</p> <p>45 6</p> <ul style="list-style-type: none"> 3emonstrates a comprehensive understanding of the different media sources relevant to their club, (sporting activity) /rovides detailed links to most of the different media sources and provides a wide range of examples of how they might be used to provide information to their club, (spectators) ;ives clear and detailed recommendations of the media sources that would most benefit their club,)
<p>2</p>	<p>/> Careers " emphasis on career path" says through studying />5' port 3development of key skills? Team" or+1 leadership1 organisation1 communication >-tra6curricular clubs? di#erent clubs each 2alf term1 linked to curriculum) >-ternal coaches? @AA sessions " ith professional e-ternal coaches! ug, y5\$ric+et5' " imming6 support ng curriculum delivery)</p>					

'chool teams ? \$ompet tve school teams in ;oot, alll &et, alll ! ug, y and \$ric+et amongst others)